



Call for Manuscripts

Health and Well-Being in the Middle Grades: Research for Effective Middle Level Education

Edited by **Katherine Main and Susan Whatman**

A volume in **The Handbook of Research in Middle Level Education** series

Steven B. Mertens and Micki M. Caskey, Series Editors

Current research around the middle grades has brought a heightened attention by teachers, policymakers, and researchers recognizing that this stage is a time when a students' health and social and emotional well-being directly impacts their academic progress. To date, school leaders and teachers have not been well served by explicit resources for middle grades education that focus on aspects of the health and well-being of young adolescent learners to support the planning of curriculum and teaching and to support teachers and leaders working with this age-group. The purpose of this research-based volume is to address that gap and to enable school leaders, teachers, academics, and teacher candidates to develop an understanding of the health and well-being aspects of young adolescent learners and to provide them with the necessary tools and information to address the health and well-being needs of these learners. This call is for chapter submissions that report on empirical research when working with young adolescent learners and responding to their health and well-being.

For the proposal, potential authors should submit a 500-word abstract, references excluded, and a 150-word bio. Abstracts should include a clear statement about the topic of the proposed chapter and a description of the research methodology. Author(s) should draw on empirical evidence and a strong literature base for their chapters. They may also include vignettes or anecdotal evidence. Note: The expectation is that final manuscripts for this volume of the handbook will include reports of current or completed projects, not speculated research or research in progress.

Suggested topics include:

- Introduction to health and well-being (theoretical construction)
- International and national policy overview (young adolescent focus)
- Organizational well-being (use of well-being frameworks)
- Leading and promoting well-being
- Well-being for leaders (what is it, self-care, supports)
- Well-being for teachers (what is it, self-care, programs)
- Well-being programs (critical analysis, implementation, evidence, sustainability)
- Well-being for all students (what is it, benefits, programs)
- Emotional intelligence / social and emotional learning / Risk taking and health
- Measuring well-being

The target audience for this volume includes teachers, teacher educators, educational researchers, and those involved in the leadership, development, integration, and instructional delivery of the health and well-being of middle grades students. Submission of a manuscript implies commitment to publish in this handbook series. Authors should not simultaneously submit this manuscript to another journal or book for publication consideration. All manuscripts will undergo a review/revision process.

Intent to submit due February 21, 2020. Decisions on proposals by **April 3, 2020.** Final manuscripts due **October, 30, 2020.**

Inquiries & Submissions: Submit all inquiries and intent to submit proposals to the editors at middlegradeshealthandwellbeing@griffith.edu.au

Guidelines for proposals: Authors who would like to contribute to this volume should include the following in their letter of intent:

- Author(s) name(s), affiliation(s), and contact information for lead author; and
- A working title for the proposed chapter.
- A 500-word abstract, references excluded, and a 150-word bio

Manuscripts: Manuscripts should not exceed 30 pages (inclusive of all references & appendices) and should follow the *Publication Manual of the American Psychological Association* (6th ed.). Manuscripts will be submitted electronically and must be double-spaced with one-inch margins. Specific research methodologies and approaches need to be described. Data collection protocols should be included in the final chapter. On a separate page, include the author(s) name, institutional affiliation, and all contact information (phone, fax, mailing address, email). Do not insert headers or footers into the manuscript. Insert page numbers in upper right hand corners. Include an abstract of approximately 150 words. Insert tables and figures in the text where appropriate.

The Handbook of Resources in Middle Level Education and The Handbook of Research in Middle Level Education are endorsed by the Middle Level Education Research Special Interest Group, an affiliate of the American Educational Research Association. As stated in the organization's Bylaws, the purpose of MLER is to improve, promote, and disseminate educational research reflecting early adolescence and middle-level education.

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